



Calendar of Events

April 2024

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Vitality Unlimited
Mobile Therapy Van

1

Rural Providers
Meeting (online)

2

Sober Life Peer
Support
Elko All-In-One
Support Group

3

NAMI Connection
Recovery Support
Group

4

Sober Life Peer
Support Activities

5

6

Ruby Mountain CoDA
meeting

7

Zero Suicides Elko
County Grief Support
Group

8

Horizon Hospice
Grief Support Group

9

Compassion Coalition

10

NAMI Connection
Recovery Support
Group
Zero Suicides Elko
County
Elko Senior Center
Bingo
Wylldlife Club

11

Sober Life Peer
Support Activities

12

Survivors of Suicide
Attempts Support
Group
Let's Get Ready For
Kindergarten

13

Ruby Mountain CoDA
meeting

14

15

NAMI Online Family
Support Group & Rural/
Frontier Nevadans
Nev. Health Centers
ASIST Training
Foster Parent Training

16

Sober Life Peer
Support
Spring Creek Bingo
Nev. Health Centers
ASIST Training

17

NAMI Connection
Recovery Support
Group
Dementia Friendly
Elko County
Foster Parent
Training

18

Sober Life Peer
Support Activities
Community Drum
Circle
Hospice Souper Bowl

19

Clean Up Green Up
Prescription Drug
Take Back Day

20

Ruby Mountain CoDA
meeting

21

22

Horizon Hospice
Grief Support Group
Foster Parent
Training

23

24

NAMI Connection
Recovery Support
Group
Foster Parent
Training

25

Sober Life Peer
Support Activities

26

Bikinis & Babes Gala
safeTALK Training

27

Ruby Mountain CoDA
meeting

28

29

30



Calendar of Events

May 2024

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| | | | | | | |
|--|---|--|--|--|---|---|
| | | | Sober Life Peer Support Elko All-In-One Support Group | NAMI Connection Recovery Support Group | Sober Life Peer Support Activities | |
| | | | 1 | 2 | 3 | 4 |
| Ruby Mountain CoDA meeting | | Rural Providers Meeting Horizon Hospice Grief Support Group | Compassion Coalition | NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Sr. Ctr. Bingo | Sober Life Peer Support Activities | Survivors of Suicide Attempts Support Group |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| MOTHER'S DAY Ruby Mountain CoDA meeting | Zero Suicides Elko County Grief Support Group | | Sober Life Peer Support Spring Creek Bingo | NAMI Connection Recovery Support Group Dementia Friendly Elko County | Sober Life Peer Support Activities Community Drum Circle | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Ruby Mountain CoDA meeting | | NAMI Online Family Support Group NAMI Rural/Frontier Nevadans | | NAMI Connection Recovery Support Group Horizon Hospice Grief Support Group | Sober Life Peer Support Activities | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Ruby Mountain CoDA meeting | MEMORIAL DAY | | | NAMI Connection Recovery Support Group | Sober Life Peer Support Activities | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | | | | | | |



Calendar of Events

June 2024

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|--|---|--|--|---|---|---|
| | | | | | | 1 |
| Ruby Mountain CoDA meeting | | Rural Providers Meeting (online) | Sober Life Peer Support Elko All-In-One Support Group | NAMI Connection Recovery Support Group Zero Suicides Elko County | Sober Life Peer Support Activities | Survivors of Suicide Attempts Support Group |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Ruby Mountain CoDA meeting | Zero Suicides Elko County Grief Support Group | | Compassion Coalition | NAMI Connection Recovery Support Group Elko Senior Center Bingo | FLAG DAY Sober Life Peer Support Activities | 15 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| FATHER'S DAY Ruby Mountain CoDA meeting | | NAMI Online Family Support Group NAMI Rural/Frontier Nevadans | Sober Life Peer Support Spring Creek Bingo | NAMI Connection Recovery Support Group Dementia Friendly Elko County | Sober Life Peer Support Activities Community Drum Circle | Summer Rural Health Fair Te-Moak Safety Fair |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Ruby Mountain CoDA meeting | | | | NAMI Connection Recovery Support Group | Sober Life Peer Support Activities | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Ruby Mountain CoDA meeting | | | | | | |
| 30 | | | | | | |



Calendar of Events

July 2024

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|----------------------------------|--|--|---|---|---|---|
| | 1 | Rural Providers Meeting 2 | Sober Life Peer Support Elko All-In-One Support Group 3 | Independence Day NAMI Connection Recovery Support Group 4 | Sober Life Peer Support Activities 5 | 6 |
| Ruby Mountain CoDA meeting 7 | Zero Suicides Elko County Grief Support Group 8 | | Compassion Coalition 10 | NAMI Connection Recovery Support Group Zero Suicides Elko County Elko Senior Center Bingo 11 | Sober Life Peer Support Activities 12 | Survivors of Suicide Attempts Support Group 13 |
| Ruby Mountain CoDA meeting 14 | 15 | NAMI Online Family Support Group NAMI Rural/Frontier Nevadans 16 | Sober Life Peer Support Spring Creek Bingo 17 | NAMI Connection Recovery Support Group Dementia Friendly Elko County 18 | Sober Life Peer Support Activities Community Drum Circle 19 | 20 |
| Ruby Mountain CoDA meeting 21 | 22 | 23 | 24 | NAMI Connection Recovery Support Group 25 | Sober Life Peer Support Activities 26 | 27 |
| Ruby Mountain CoDA meeting 28 | 29 | 30 | 31 | | | |
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National Alliance on Mental Illness (NAMI)

Online Meeting for Rural/Frontier Nevadans

Third Tuesday of the month, 5 p.m.

Contact Haley Ragland at haley@naminenv.org.

Learn more at <https://naminevada.org/>.

Online Family Support Group - Third Tuesday of the month.

Starts at 5:30 p.m.

Contact: Crystal - crystal.namiwnv@gmail.com or 775.350.7977

Online NAMI Connection Recovery Support Group -

Every Thursday.

Starts at 5:30 p.m.

Contact: Julie - julie.namiwnv@gmail.com

RUBY MOUNTAIN CoDA MEETING

WHEN

Every Sunday
1pm-2pm

WHERE

Club 164

2140 Idaho St., Elko, NV 89801

Am I Codependent?

Personal crises or unbearable, chronic, emotional pain brought many of us to CoDA. We came to our first meeting feeling hopeless and helpless. We wondered why our efforts to fix ourselves and others were not working, no matter how hard we tried. We had come to a crossroad: continue our old ways of coping or look for a new way out of our pain.

Co-DEPENDENTS

ANONYMOUS

CoDA - A PROGRAM OF RECOVERY FROM CODEPENDENCE, WHERE EACH OF US MAY SHARE OUR EXPERIENCE, STRENGTH, AND HOPE IN OUR EFFORTS TO FIND FREEDOM WHERE THERE HAS BEEN BONDAGE, AND PEACE WHERE THERE HAS BEEN TURMOIL IN OUR RELATIONSHIPS WITH OTHERS AND OURSELVES.

WHAT IS A MEETING?

A CoDA meeting is comprised of a group of people who come together around their shared desire for healthy and loving relationships. The group uses the Twelve Steps and Twelve Traditions of Co-Dependents Anonymous as the basis for working toward recovery. It is a place to find sponsorship and fellowship as well as the sharing of experience, strength, and hope. A strong sense of acceptance and community makes a meeting attractive to both the newcomer and old-timer.

FOR MORE INFO ABOUT CoDA:

www.coda.org
info@coda.org
Phone: 888-444-2359
Elko: 970-209-4061

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Zero Suicides Elko County
Suicide Prevention Group

Meetings are the second Thursday of each month from
11:00 a.m. - noon at
Northeastern Nevada Regional Hospital
(Go through the cafeteria)

Attend in person or by Zoom
Call Lynette Vega, (775) 397-1911, for information.

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Zero Suicides Elko County Grief
Support Group

Time: 6pm

2nd Monday of every month.

Join Zoom Meeting

Meeting ID: 860 3182 4037

Passcode: 502352

Questions?

Call 775 340-3490



Rural Providers Meeting

In Person and On Zoom

AGENDA: Tuesday, April 2nd, 2024, at the Elko County Library, 720 Court Street, in Elko and on Zoom.

<https://us02web.zoom.us/j/87282710129?pwd=d1M0OG1ubmZnVkZuRmdneFk0UUVlMQT09>

8:00 a.m.

- I. Introduction – Facilitated by Michael Magney
- II. Presentation – Margaret Marcucci, RSVP, Dementia Friendly Elko County, Java Music Club
- III. Provider Updates/Success Stories

Upcoming meeting:

The next meeting will be Tuesday, May 7th.

Upcoming Speakers:

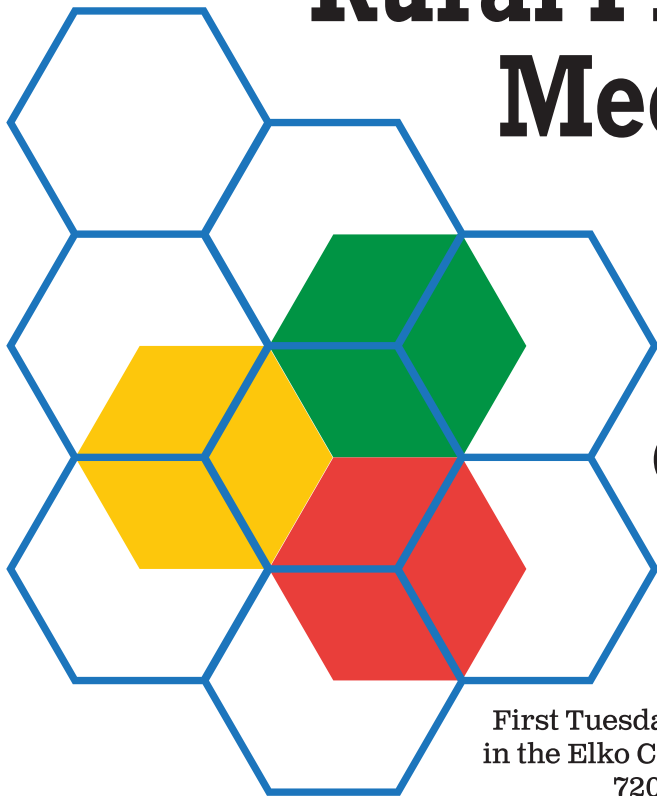
May 7th: Katarina Frankoski, Shriners Children's

June 4th: Trevor Hanlon, Battle Born Youth ChalleNGe Academy

The public is welcome to attend these meetings.

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PACE Coalition Rural Providers Meetings



Connect
Coordinate
Coalesce

First Tuesday of each month at 8:00 a.m.
in the Elko County Library Meeting Room
720 Court Street • Elko

Connect with other service providers, organizations, and agencies to share information, make announcements, introduce programs, coordinate efforts, and boost your impact. Open to all.



PACE Coalition
Healthy Communities ... Whatever it Takes
775-777-3451 • www.pacecoalition.org

SOBER LIFE PEER SUPPORT

Recovery Meetings & Activities



**Get the support
you need, you are
not alone:**

Join us for our new program for those in recovery from drugs, alcohol, etc. to get support from others new and old to sobriety.

Every 1st & 3rd Wednesday - meetings
Every Friday - activity night
7:00-8:00 pm




**FAMILY
RESOURCE
CENTER**

PERKS:

- Meet other people in recovery
- Continue personal growth
- Fun sober activities and experiences

LEARN MORE

 775-753-7352

331 7th Street, Elko, NV 89801
www.elkofrc.org



COMMUNITY HEALTH
DEVELOPMENT FOUNDATION

2023

Community Wellness Monthly Event Schedule



Bariatric Educational Group
Every Second Tuesday 5:00-6:00 PM

Healthy for Life Class

Every Second Wednesday 5:30-6:30 PM



Diabetes Education Group (Type 2)
Every Third Tuesday 5:30-6:30 PM

Diabetes Education Group (Type 1)

Every Fourth Friday 5:30-6:30 PM



Starting March 2023

Sign up with the QR codes above to join our **free** health groups!
Monthly meetings will be held in the community room at Elko
Community Health Center: 2098 Idaho St
Elko, NV, 89801

Questions? Email Brittney Plaisted at brittney.plaisted@elkochc.com

BINGO

\$ CASH PRIZES \$

Game Packets \$10 each

Each Packet - 10 games/3 cards per game

Bingo Daubers Available for Purchase

Must be 21 or older to play

Please NO outside FOOD

Snack & Beverage Purchases Available

Elko

2nd Thursday
of Each Month

Doors open at 5 pm –
Game starts at 5:30 pm
The Terrace at Ruby View
1795 Ruby View Dr. -

Spring Creek

3rd Wednesday,
of Each Month

Doors open at 5:30 pm –
Game starts at 6 pm
SCA Boardroom
401 Fairway Blvd. – S.C.

For more information
please call us at
775-738-3030



We invite you to connect with:

Dementia Friendly Elko County!

Everyone has a role to play in this community effort!

Community Group Meetings:

**Third Thursday of every month
1:00 PM – 3:00 PM
Terrace at Ruby View
1795 Ruby View Dr., Elko**



Help support your whole community in becoming more respectful, educated, supportive, and inclusive of people living with dementia and their care partners.



**For more information, contact
Co-Facilitator Kristen Roe: 775-385-5045**

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Compassion Coalition

Second Wednesday of Each Month

2 p.m.

St. Paul's Episcopal Church
777 Sage Street in Elko

Free

Contact: therevjulievice@gmail.com

S.O.S.A. SUPPORT GROUP

SURVIVORS OF SUICIDE ATTEMPTS

For individuals who have survived a suicide attempt
& are seeking emotional support

HOW WOULD YOU BENEFIT?

Connecting with other survivors who understand what you are going through.

Could empower SOSA participants to feel less isolated and to work through their issues.

INFORMATION TO ATTEND:

PEOPLE WHO ARE INTERESTED WILL
NEED TO CONTACT CYNDI (# BELOW)
FOR A BRIEF SCREENING TO
REGISTER.

CYNDI ARNETT, MA

 (775) 927-0233



SECOND SATURDAY OF EACH MONTH

AGE GROUPS:

ADULT 18 & OVER

TEENS 12-17

(with parental consent)

FREE OF CHARGE



LifeQuest Elko

(775) 299-3738

Nevada Teen Peer Support Text Line

(775) 296-8336

National Alliance on Mental Illness (NAMI)

(775) 388-8432

Adult Crisis Care Team

(775) 688-1670

National Suicide Prevention

Call or Text 988



2023-2024
Grief Support Group Dates:

- October 3rd & 17th
- November 7th
- December 5th
- January 16th
- February 6th & 20th
- March 5th & 19th
- April 9th & 23rd
- May 7th & 23rd

6:00pm
1250 Lamoille Hwy
Suite 413
Elko, NV

You may join this
group at any time

We at Horizon Hospice offer support groups through our Horizon Center during the school year, once or twice a month for anyone that would like support through their grief.

We welcome anyone who has experienced the loss of a loved one. We have groups for children ages 3 to 18, their parents, and/or caregivers.

There is no cost for this service to the community.

A light snack and dessert will be provided.

HORIZON HOSPICE

1250 Lamoille Hwy Suit 413
Elko, NV 89801

Phone: 775-778-0612

Fax: 775-777-3648

horizonhospiceinc@frontiernet.net

www.horizonhospiceelkonv.org

Bikinis & Babes Gala

Zero Suicides Elko County

April 27th, 2024 · 6-9PM

Elko Basque House



Evening includes Food, Drinks,
Costume Contests, Raffles,
Games and Entertainment!



Scan QR code to purchase tickets

Disclaimer: Flashback to the phrase, "He's such a babe!" Join us for a beach-themed gathering that's both fun and informative, focusing on suicide prevention and mental health awareness. Remember, this isn't an actual bikini contest, so feel free to get imaginative with your beach attire. **Come Celebrate a WAVE of HOPE with us!**

775.397.1911 · sosofelko@gmail.com

Vitality Mobile Therapy Van Available for Appointments



If you are facing stress, grief, addiction, relationship problems, depression, anxiety, or other concerns, you may be struggling with your behavioral health.

Services Provided

- Intakes
- Targeted Case Management
- Vitals
- Therapy Appointments

**Want to know more about Vitality Integrated Programs?
You can ask questions of staff at our clinic at 215 Bluffs Ave.,
in Elko or at our outreach locations, listed below.**



Vitality staff respond to crisis calls even when the CCBHC is closed.



775-777-8477
Crisis Line

COMMUNITY DRUM CIRCLE GREAT BASIN COLLEGE



FREE

**3RD FRIDAY
OF THE
MONTH
NOON - 1PM**

**GRAB YOUR
LUNCH & JOIN
US OUTSIDE IN
THE GBC
REYNOLDS
AMPHITHEATRE
ALL
ARE WELCOME!**

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**Elko Alzheimer's Support Group
Elko Caregivers Support Group**

Caring for loved ones is a challenging responsibility. Watching someone move from independence to dependence can be overwhelming as there are so many decisions, so many possibilities to face and to overcome.

This “All-in-One Support Group” is designed to help you navigate the difficulties and joys of this 24/7 job. Sharing with and learning from one another is one of our goals. A second is beating the stigma of Alzheimer's and other dementias. A third is connecting participants with services and resources.

Please join us!

**The Terrace at Ruby Vista
1795 Ruby View Drive**

**1st Wednesday of Each Month
1-3pm**

Join us during the time that fits your schedule. I know lives are hectic!

**For more information contact:
Gini Cunningham ginilc25@gmail.com**

Or

Margaret Marcucci mkmarcucci56@gmail.com



NEVADA HEALTH CENTERS

ASIST

TRAINING

APRIL 16-17, 2024

8:00am-4:00pm

Elko Family Medical & Dental
Center

762 14th St.
Elko, NV 89801

REGISTRATION:



Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

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This is a special invitation to our annual Horizon Hospice Benefit

Benefit: “Hospice Souper Bowl”

Date: April 19th 2024 Time: 6:30 p.m. - 9:30 p.m.

Location: Elko Convention Center

Dinner: Hosted by local chefs

Entertainment: Troy Eden and David Lockie

6:30 p.m.-7:00 p.m. No host bar, “Silent Auction Bids” & “raffle ticket sales”

7:00 p.m.-8:30 p.m. Dinner & Entertainment

8:30 p.m. - 9:30 p.m. Heart of Hospice Awards, raffle, and Silent Auction

The Horizon Hospice Benefit will:

- Raise funds for operating costs
- Educate the community regarding end-of-life issues
- Recognize the Horizon Hospice Volunteers
- Recognize corporations for their philanthropy
- Entertain the community

Horizon Hospice is a community hospice and provides all services free of charge. The community funds all operating costs of Horizon Hospice through private, corporate donations and The Newmont Legacy Fund.

YOU CAN HELP BY SPONSORING THE EVENT OR PURCHASING TICKETS.

Sponsorship opportunities:

• **Gold Sponsor—a donation of \$10,000**

Your business or corporation will be featured in the media, a **full page** in the hospice benefit program; annual giving reports and receives 10 tickets to the benefit.

• **Silver Sponsor—a donation of \$5,000**

Your business or corporation will receive **three quarters** of a page in the benefit program, recognition in annual giving reports and will receive 8 tickets to the benefit.

• **Bronze Sponsor—a donation of \$3,000**

Your business or corporation will receive **half** a page in the benefit program; will be listed in annual giving reports. And receive 8 tickets to the benefit.

• **Table Sponsor—a donation of \$1,000**

Your business or corporation will receive a name card at a benefit table, will be listed in annual giving reports, and receive 8 tickets to the benefit.

• **Individual Sponsor—a donation of \$65.00/ ticket**

_____ Enclosed is my donation for _____ tickets.

_____ I cannot attend, but please accept my tax-deductible donation.

21ST ANNUAL CLEAN UP TAKING PRIDE IN OUR COMMUNITY



Join us for a local
community clean up.

SATURDAY 8:00AM-11:00AM
APRIL 20

REGISTER: envco@elkocitynv.gov

COMPLETE: A waiver for participants that
will be emailed to you.

QUESTIONS: Call 775-777-0560

MEET: At the Main City Park



Trash bags will be supplied. Please dress
appropriately for the weather.



Powered By:

Live Online Classes



Microsoft Teams



PRE-SERVICE TRAINING FOR FOSTER CARE APPLICANTS

Provided by Nevada Division of
Child & Family Services

April 16th - April 25th
5:30PM - 8:00PM

All dates:

April 16

April 18

April 23

April 25

This training offers a foundational understanding of foster parenting required for licensure. Continuing training and skill building is offered during & after the foster licensing process.



Topics Covered:

- Foster parent roles & keys to successful fostering.
- Helping children with special needs.
- Helping children who have experienced trauma.
- Working with the birth families & reunification
- The foster care licensing process.
- You will also hear from a panel of people with lived experience in the foster care system.

To Register for training Create an
account at

www.ruralnvfostercare.com

Questions?



888-423-2659



shelby.riley@dcs.nv.gov



SAFE TALK

TRAINING

27 APRIL 2024

1:00-4:00PM

Great Basin College, Greenhaw
Technical Arts Center Room #130
1500 College Pkwy
Elko, NV 89801

REGISTRATION:



LivingWorks safeTALK is a face-to-face workshop featuring powerful presentations, audiovisuals, and skills practice. At a LivingWorks safeTALK workshop, you'll learn how to prevent suicide by recognizing signs, engaging someone, and connecting them to an intervention resource for further support. A skilled, supportive trainer will guide you through the course, and a community resource will be on hand to support your safety and comfort.

**Karaoke
night!!**

WYLDLIFE
6-8 GRADE
CLUB

THURS, APRIL 11TH
6:30-8:30PM

@ SAGE ELEMENTARY GYM
208 BOYD KENNEDY RD,
SPRING CREEK

**Food,
games
& fun!!**

**FOR MORE INFO
CALL TANEISHA
MATTHEWS
@775-397-8596**

SAT. APRIL 20th 10 AM to 2 PM



BEHIND SHERMAN STATION

1405 Idaho Street

Last April, as part of National Rx Take Back Day, PACE Coalition and the Elko County Sheriff's Office collected 54 pounds of unused medication, contributing to the more than two tons collected in Nevada and the 332 tons collected nationally.

Removing unused medication from homes ensures that they won't pose a safety risk to family members or to visitors who may be struggling with substance use.

On Saturday, April 20th, you can help again by bringing your unused or expired medication to our collection box behind Sherman Station.



PACE Coalition
Healthy Communities ... Whatever it Takes
775-777-3451 • www.pacecoalition.org

Vitality Mobile Therapy Van Available for Appointments



If you are facing stress, grief, addiction, relationship problems, depression, anxiety, or other concerns, you may be struggling with your behavioral health.

Services Provided

- Intakes
- Targeted Case Management
- Vitals
- Therapy Appointments

**Want to know more about Vitality Integrated Programs?
You can ask questions of staff at our clinic at 215 Bluffs Ave.,
in Elko or at our outreach locations, listed below.**



Vitality staff respond to crisis calls even when the CCBHC is closed.



775-777-8477

Crisis Line



HEAD START OF NORTHEASTERN NEVADA PRESENTS

LET'S GET READY FOR KINDERGARTEN

ANNUAL EVENT

Free Admission

Free Backpack

Date & Time

Saturday, April 13, 2024
10:00 a.m. to 12:00 p.m.

Address

The Igloo
1515 Silver St.
Elko

All Upcoming Kindergarten Students and their Families are Welcome!

Join us as we Offer Kindergarten Readiness, Community Resources and Provide Immunes.

Free Activities

Food Trucks

Bouncy House

Raffles

